

Swim Wales Masters SC Championships 2025 - 29/11/2025 to 30/11/2025**Results - Session 4 (Warmup 8.30 - 9.20)****Event 405 Women 18-24 200 SC Meter Breaststroke**

1	Elain Owen	20	Chirk	3:06.03
	41.03	47.09	49.00	48.91

Event 405 Women 30-34 200 SC Meter Breaststroke

1	Nia Skinner	32	Gloucester M	2:47.90
	38.60	42.13	43.62	43.55

Event 405 Women 35-39 200 SC Meter Breaststroke

1	Sophie Mountain	38	Pembs Cty	3:01.26
	40.23	45.26	46.98	48.79
2	Victoria Hill	36	Bridgend Cty	3:02.03
	40.45	46.41	48.21	46.96
3	Stephanie Baron	38	S D Trojan	3:07.48
	42.38	47.19	48.26	49.65

Event 405 Women 40-44 200 SC Meter Breaststroke

1	Natasha Morgan	43	Nofio Cymru	3:09.65
	43.58	47.80	48.98	49.29
2	Fiona Wiggins	44	C P Masters	3:21.29
	47.67	50.06	52.64	50.92

Event 405 Women 50-54 200 SC Meter Breaststroke

1	Helen Gorman	53	Co Cardiff	2:46.00
	39.06	42.20	42.66	42.08

Event 405 Women 60-64 200 SC Meter Breaststroke

1	Joanne Seymour	60	Droitwich	3:06.96
	41.42	46.41	49.43	49.70